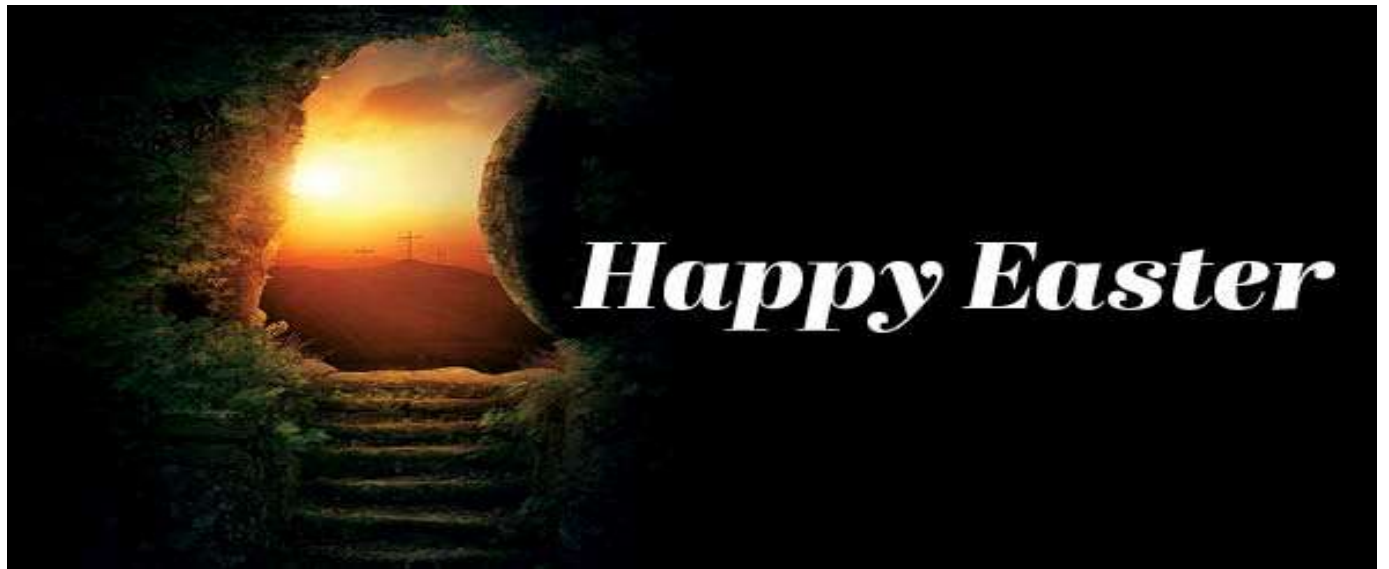


Mountrath Ballyfin Online Newsletter

7th April 2nd Sunday of Easter
Divine Mercy Sunday





**The Class of 1990
Restoration Project**

TABLE QUIZ

**ST. PHILOMENA'S HALL
MOUNTRATH**

THURSDAY 2ND MAY @8PM
(DOORS OPEN 7.15PM)

TABLE OF FOUR €40

Quiz
time

TROPHIES AND CASH PRIZES TO BE WON !!

MONSTER RAFFLE !!

PRIZES GALORE !!

**Book Now on Eventbrite and
on 1990restproject@gmail.com**

Ballyfin N.S. Parents' Council

Raffle on 14th of April after 10am Mass

With cake sale , tea and coffee in school hall

Prizes up for grabs in the Ballyfin NS Spring Raffle include -

Dinner for two in Ballyfin Demesne 

Afternoon tea in Cashel Palace 

Dublin Zoo Voucher 

Emerald Park Voucher 



Lots of great shopping vouchers

Cinema voucher  and much more!!

Visit www.idonate.ie/raffle/ballyfinnsspringraffle to get your

tickets. 

Collection for the support of the Priests of the Parish

Easter Collection for the support of the priests of the Parish takes place over the Easter period. Envelopes at the Church porches for people not using an Envelope Box.

The Charity No. 20206307 is one of four collections that take place during the year for the support of the priests of the Parish.

Fr. P.J. and myself take this opportunity to wish you a Happy and Holy Easter.

Fr. P.J. Fr. Joe

other ways to contribute to the support of the priests of the Parish

Ballyfin Parish - (A.I.B. Portlaoise Branch)

Lyster Square, Portlaoise.

Name of Account - Ballyfin Parish Pastoral Council

IBAN - IE44 AIBK 9332 7900 203030

BIC. - AIBKIE2D

Mountrath Parish - Bank Account Details

(Bank of Ireland) (Portlaoise Branch)

Name - Mountrath Parish Current Account -

Account number - 7274 7250

IBAN - IE93 BOFI 9018 2972 7472 50 -

BIC. - BOFIE2D

If contributing to Parish directly through our bank account please include your own name as the reference.

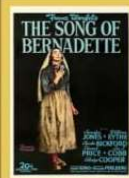
Mountrath Ballyfin Parish News 7th April '24

St. Fintan's Parish, Mountrath – Ballyfin

2nd Sunday of Easter

Chy. No. 20206307

Have you got your **GOLDEN TICKET?**



Cinema Night

in aid of

RADIO MARIA

IRELAND I

Date: Tuesday 16th April

Venue: Balcony Cinema Mountmellick

Eircode: R23WP68

Time: 8:15 pm

Cost: €10

Doors open at 8:00pm

Limited places - Booking only with Antoinette on 0860803047

(9:15am-1:30pm & 7:00pm-9:00pm)

March for Life

Bank Holiday Monday

6th May - 2.00 pm

Marching in Dublin

From Stephen's Green

To Leinster House

A Word of Thanks

To all involved in our Holy Week and Easter Ceremonies this year, a very special "Thank You". to all involved and indeed committed to our various Liturgy Ministries, Reader of the Word - Ministers of Holy Communion - Sacristans - Organists, musicians and Choirs - Imelda, who prepares the flowers for us in both Parishes, Ministries organisers, collectors and counters. To all who prepared our churches for the Ceremonies, and to all who contributed in any way to the experience of Holy Week we express a heartfelt word of appreciation. Our hope is that for you who were involved in and part of, our Easter Ceremonies that they were for you, prayerful and meaningful. Please God, in spite of everything that comes our way and in spite of everything that life throws at us, we will always be an Easter People, A Hope Filled people, inspired by the Risen Lord.

Fr. P.J. - Fr. Joe

Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 1570145 for information/application form.

Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

On the down-side, it can be quiet difficult to keep track of all these ways. - Sometimes emails can go to folders on the computer other than the main folder and are not seen straight away. The same can apply to text messages and Whatsapp messages. This can cause a problem when I have no knowledge of these emails / messages coming in and are sometimes not detected at the time.

Can I ask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter, please give me a call on 087 241 1594

Class of 1990 Table Quiz.

"Bridigine Class of '90" host Table Quiz in the St. Philomena's Hall 's on Thurs. 2nd May
Table of 4 € 40.00 - Comm. at 8.00 pm.

The class of '90 appreciate your generous support of this event.

Book on Eventbrite and on 1990restproject@gmail.com

Ballyfin Vintage and Veteran Club, Auto-Jumble

Sunday 14th. April 2024, from 8:00am.

Community Hall, Ballyfin, County Laois.

Strictly vintage, veteran & artisanal related stalls & traders.

Pre-registration and approval for stalls required.

Proceeds in support of local charities

For queries or information on the Ballyfin Vintage & Veteran Club,
please message, text or call 0863101822.

Accord

Accord CLG are seeking applications
for the post of Specialist Couple
Therapist. Closing date is 3rd May
2024. See our online Newsletter for
more details

A very sincere thank you - to you and
your family - for your very generous
support of and continued commitment to
Mountrath and Ballyfin Parish and
Mountrath and Ballyfin Lotto

*See our Parish App. Mountrath Ballyfin
Parishes*

Ceremony of Confirmation Fri. 26h April

Ceremony in Mountrath Church 11.00 am

Ceremony in Ballyfin Church 2.30 pm

Bishop Denis will lead us in both Ceremonies

1st Holy Communion Days

Sun. 19th May 2.00 pm Sun. 26th May 2.00 pm

25th National Pioneer Ball

Calling Pioneers and Friends to the 25th Pioneer National Ball. An evening of celebration and fun on Saturday April 6th 2024. Mass at 6pm in the Cathedral of Christ the King, Mullingar, followed by special guest speaker, dinner, music and dancing at the Annebrook House Hotel, Mullingar. Extra activities on Friday night and Saturday and Sunday afternoons.

For details/ tickets contact Dermot Fagan 085-7201646
or Daisy Carey 087-6544626

We Hold and Keep in our Thoughts and Prayers

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing Home or undergoing any surgical or medical procedures. -
We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne

Mountrath Parish Caroline Moore and Pachelli Walsh

Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph: 085 802 163

A Day for Choirs, Musicians & Cantors

A Day for Choirs, Musicians and Cantors at the Dominican College

Newbridge Saturday 16th April 2024, 10.00 am to 7.00 pm.

The day is presented by a Dominican Friar from Ireland and

Poland, an Australian soprano and liturgical music expert.

Content: New liturgical music from Poland, good liturgical practice, filling gaps in your repertoire, launch of a new hymnal, record music for Irish Dominican's 800 years in Ireland.

Cost is €32.00 including a three-course lunch.

Ballyfin Players Table Quiz.

Ballyfin Players host Table Quiz in the Deadman's on Fri. 12th April.

Table of 4 € 40.00 - Commencing at 8.00 pm.

Ballyfin Players appreciate your generous support of this event.

Ballyfin Anniversaries

Mass Times Anniversaries

6th April - Sun. 14th Apr

Fri. 5th April 5.00 pm Exposition of Blessed Sacrament.

Sat. 6th April 8.00 pm Noel Walsh, Pallas. 9th Anniv.

and deceased family members

Sun. 7th April 10.00 am

Maura Dunne (Nee Dunne) Month's Mind Mass

Patrick and Úna Brennan, Barnashrone

Austin O'Flynn, Deerpark 10th Anniv.

Mon. 8th April 7.00 pm Apostolate of Sanctification.

Fri. 12th April 5.00 pm Exposition of Blessed Sacrament.

Sat. 13th Apr. 8.00 pm

Sun. 14th Apr. 10.00 am

Mon. 8th April 7.00 pm Apostolate of Sanctification.

Lord, for your faithful people, life is changed, not ended

Mountrath Anniversaries

Mass Times Anniversaries Sat. 6th - Sun. 14th Apr

Sat. 6th April 7.00 pm Phil Ryan (Nee Connolly) Patrick St., Month's Mind

Peg Maguire (Nee Patterson) New Line Rd., 1st Anniv

Sun. 7th April 9.00 am - [The Hollow Ch.](#)

11.30 am MacCarthy Family, Portlaoise Road.

Tues. 9th April 10.00 am Anastasia and John Phelan, The Golf Links.

Wed. 10th April 10.00 am

Thurs 11th April 10.00 am Teresa McHugh, Forest and her sisters and brothers

Fri. 12th April 10.00 am Altar List of the Dead.

Sat. 13th April 7.00 pm Michael Dunne, Clonard. (And Stradbally) Month's Mind

Andy O'Connor, Dysartbeigh 4th Anniv.

Anthony Tobin, Woodbrook. 5th Anniv.

Sun. 14th April 9.00 am [The Hollow Ch.](#) Patricia O'Leary, The Oak

11.30 am Maura and Micheál Moore, Fr. O'Connor Cresc.,

Matthew and Margaret Harrington, Trumera and deceased family members

Month's Mind Masses

Sun. 21st April 11.30 am Josephine (Mary Jo) Grehan (Nee Higginbotham) Derrylusk.

1st Anniversary Mass

Sat. 27th April 7.00 pm Liam Doyle, Shannon Rd., (Also) His father Tom and his brother, Liam

Lord, for your faithful people, life is changed, not ended.

"Do This in Memory" Programme

6. Sat. 13th Apr. Mountrath Church 7.00 pm
Sun. 14th Apr. . Ballyfin Church 10.00 am
7. Sat. 4th May Mountrath Church 7.00 pm
Sun. 5th May Ballyfin Church 10.00 am

Dates for Celebration of 1st Holy Communion

Sun. 5th May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun. 26th May Mountrath Church - 11.30 am

With Children of all Mountrath Schools -- Note Change of Date

Sun. 19th May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26th May Ballyfin Church 2.00 pm With Children of Barnashrone National School

Mountrath Parish Lotto

4th Apr.

Nos. Drawn 4 19 26 27 No Jackpot Winner

11 Match Winners Rec. € 91 each 2 Local Winners

Noel Mortimer Promoter, Anne O'Keeffe

Alice Conroy. Promoter, Betty O'Rourke.

New Jackpot €12,000



Ballyfin Parish Lotto 3rd April

Nos. Drawn 4 9 12 27 No Jackpot Winner

33 Match 3 Winners Rec. € 31 ea.

3 Local Winners, Patrick and Ella Rafferty and Clare Conroy

Promoter, Mary H.

Paul Finn. Promoter, Mary Finn.

Next Week's Jackpot € 13,000

A very special thank you for your very generous support of
and continued commitment to Mountrath and Ballyfin Parish Lottos



Next Week's



Ballyfin € 13,000

Mountrath € 12,000



COMMUNITY CONNECT FUND



A TOTAL OF **€100,000**
TO LOCAL WORTHY CAUSES

APPLICATION DEADLINE IS FRI 31ST MAY 2024

Visit www.stcanicescu.ie



St. Canice's Kilkenny Credit Union Ltd. is regulated by the Central Bank of Ireland.

Ballyfin Community Alert Seniors Alert Scheme

As darker evenings are upon us please be aware that grant aided personal 24/7 monitored alarms are available to people aged 65 and over. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 157 0145 for information or for application form

Message from Safeguarding Office

Reminder re. Inter-Parish Safeguarding Meetings

(Message from Ailish Higgins)

These meetings will involve a Q&A style session where people can discuss and get support with safeguarding practices in their local parish i.e. paperwork, risk assessments, youth participation etc and last approx. one hour.

I would greatly appreciate if you could get back to me (safeguarding@kandle.ie) with confirmation of your attendance, naming which venue suits you best, so that I can confirm numbers ahead of time. If you are unable to attend a meeting in your own pastoral area, please feel free to attend another meeting from the schedule.

Details of the remaining dates – times – venues below.

Thurs. 21st March 7.30pm – Cathedral Parish Centre, (Carlow)

Wed. 10th April 7.30pm – Killeigh Parochial House, Killeigh

Thurs. 18th April 7.30pm – Portlaoise Parish Centre,

Wed. 24th April 7.30pm – Leighlinbridge Parish Centre,

Thursday 25th April 7.30pm – Tullow Parish Centre,

. Brigidine Past Pupils Lunch

Past Pupils of the Brigidine Convents of Abbeyleix, Mountrath, Tullow & Goresbridge are invited to the Brigidine Past Pupils Lunch which takes place on Sunday 21st April in the Keadeen Hotel, Newbridge at 12.45pm.

Cost €40 and booking to be made before Thursday 5th April.

Contact Sheila Kinane 087 224 944

or 045 867 124. Email: sheilakinane@gmail.com

Please copy and like and share on Social Media to spread the word.

Mater Dei Education Spring Conference 2024

The Mater Dei Education Spring Conference 2024 takes place in the De La Salle Retreat Centre in Castletown, Co Laois on 28th April 2024. Registration takes place at 10.30 am. The day will begin with Holy Mass at 11.00 am celebrated by Bishop Connell.

The conference is an opportunity for parents and teachers to hear inspiring speakers, listen and learn from other parents, and explore options in independent education, hybrid learning or home-schooling.

The afternoon will include a keynote talk from Fr. Conor McDonough O.P. on Catholic education in Penal Ireland and will conclude with a panel discussion at 3.00 pm.

The conference is an opportunity for parents and teachers to hear inspiring speakers, listen and learn from other parents, and explore options in independent education, hybrid learning or home-schooling.

Cost is €10.00, lunch provided on the day. Registration is online at: <https://materdeieducation.ie/>.

. SeniorLine

.

Would you like someone to talk to? SeniorLine is Ireland's national telephone service for older people, open every day of the year 10.00 am to 10.00 pm, they can be contacted on Freephone 1800 80 45 91.

Callers may feel isolated, alone, wish to discuss a problem in confidence, or for company during their day. SeniorLine's volunteers are trained to listen, to support, to discuss options and refer the caller to other helpful services available if necessary.

So don't be alone if sharing a problem would help, phone SeniorLine.

Classes 11th - 17th April



Thursday 11th

7 pm Karate

8 pm Bowls

Friday 12th

5.30 pm Kickboxing (3-7)

6.30 pm Kickboxing (8-12)

7.30 Kickboxing (13+)

Saturday 13th

9 am Circuit Training

10 am BJJ (8-12)

11 am BJJ (13+)

12 am Pilates

Monday 15th

7 pm Yoga

7 pm Karate

Wednesday 17th

5pm Art & Craft

7-8 pm BJJ (8-12)

8-9 pm BJJ (13+)

Brigidine Convent,
Patrick's St,
Mountrath, R32 DC58



LADIES SPORTS PARTNERSHIP
COMHAR SPÓIRT NA LAÍS



SPÓRT ÉIREANN
SPORT IRELAND



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gcuntas díomhaoin
the dormant
accounts fund



Saturdays 12-1 pm
6 weeks starting 13th April

Last Few Places Left



€ 60 for 6 weeks

Mountrath Health &
Fitness Academy,
Patrick st, Mountrath
R32 DC58

Sabrina 087 646 7305

<https://www.mountrathgym.com/memberships/pilatesinmountrath>





DOMINICAN DAY

FOR CHOIRS, CANTORS & MUSICIANS

Dominican College, Newbridge, Saturday 13 April 2024, 10.00am-7.00pm

€32 includes three-course lunch. Sing at Sunday Mass at 7.30pm

Book through DominicanDayChoirs2024.eventbrite.com

10% discount for bookings before 17 March. Promo code 'Newbridge'

also: fergus.ryan@dominicans.ie | 086.35.85.407



Contemporary liturgical music from Poland for choirs and congregations

Filling gaps in your liturgical year repertoire with music, old and new

Congregational singing & building rapport with other ministers

In-depth review of music in the liturgy: practice and theory

*Launch of a new hymnal & *Record music for Irish Dominicans Jubilee 800



Fr Lukasz Miśko, OP
Director of the Dominican Centre for
Liturgy, Kraków.

www.dlc.foundation



Ms Grace Felton
Australian-Maltese Soprano, founder
of the Musica Sacra Project.

<https://www.gloria-del-musica-sacra-project.com/>



Fr Fergus Ryan, OP
Lecturer at the Pontifical Liturgical
Institute, Rome.

www.ferguaryan.ie



**Palestinian
children and
their families
are starving.**

**They need our
help right now.**



10th Anniversary of Donal Walsh



~ May 11th ~

- 10:00 Arrival in Basilica & Registration
- 10:30 Welcome – Fr Richard Gibbons - Elma Walsh
- 10:45 Explanation of Workshops and Ice Breakers
- 11:00 Aidan O'Mahony & Dr Lorna Gold – followed by Q&A
- 11:45 Choice of workshops
- In memory of Donal – Prayer Guidance Centre
 - Trócaire – Care for Our Earth (St Johns)
 - Music Generation – The HUB
 - The Prayer Cube – The HUB
 - Letters to God – The HUB
 - Story of Knock - The Apparition Chapel
 - Knock Museum
 - Fill Holy Water Bottles
- 1:30 Why do we go to Mass? – Fr. John Harris
- 2:00 Mass – Main celebrant Fr Leo Moloney SJ
- 3:00 Depart

*Students are asked to bring a packed lunch and rain jackets/umbrellas

CHEMISTRY, JC MATHS AND JC SCIENCE GRINDS

LOCATION: BLOOM HQ MOUNTRATH
(R32 DT9F)

DATES: EVERY SATURDAY MORNING
STARTING THE 13TH OF APRIL 2024

CONTACT: AISLING ON 087 7917268
TO BOOK YOUR PLACE.

PLACES ARE LIMITED.



March-April 2023

TIMETABLE

**PAYG
and
Members
Always
Welcome**

*These
classes are
not included
in
membership
fee

Monday

11 am Mature Movers
7 pm Mixed Circuit Training
7 pm Karate*
7 pm Yoga*

Tuesday

10 am Beginner TRX
11 am Bowls Inc.
1.15 pm Lunchtime Hitt
7.30 pm Zumba *

Wednesday

11 am Mature Movers
5 pm Art & Craft *
7 pm Mixed Circuit Training
7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

Thursday

10 am Beginner TRX
11 am Activator Poles Inc.
1.15 pm Lunchtime Hitt
7 pm Karate*
8 pm Bowls*

Friday

5.30 pm Kickboxing (3-7)*
6.30 pm Kickboxing (8-12)*
7.30 pm Kickboxing (13+)*

Saturday

9 am Circuit Training
10-11 am BJJ (8-12)
11 am BJJ (13+)



MOUNTRATH
Martial Arts & Fitness Academy



SPÓRT ÉIREANN
SPORT IRELAND



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the dormant
accounts fund

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

€5 per class for under 18's

€7 per class for Adults

or included in Monthly Membership

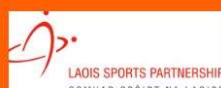
8 yrs- 18 €35 per month

Adults €45 per month



Bring a Friend for Free in March

contact Jamie 085 200 2497





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938



Meeting Room

"Rachel's Room"

Brigidine Convent,
Patrick Street,
Mountrath

- Broadband Wifi
- Ample free parking
- Canteen

Contact
manager@bloomhq.ie
089 2722885



Karate

Mondays & Thursdays 7 pm

€6 per class

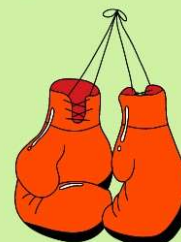
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.

€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings

20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher



Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

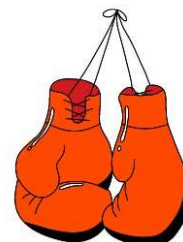
Fridays 5.30 pm 3-7 years, €7

Kickboxing

6.30 pm 8-12 years, €7

First trial class free

Shane: 086 339 9287



Brazilian 8-12 years,
Wednesdays 7-8 pm & Saturdays 10-11 am
Jiu-jitsu* € 35 per month or €5 per class
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin

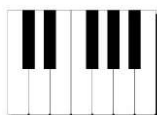


Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 mins group classes
Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

March-April 2023

TIMETABLE

**PAYG
and
Members
Always
Welcome**

*These
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in
membership
fee

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7 pm Mixed Circuit Training
7 pm Karate*
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11 am Bowls Inc.
1.15 pm Lunchtime Hitt
7.30 pm Zumba *

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5 pm Art & Craft *
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7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

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10 am Beginner TRX
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8 pm Bowls*

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5.30 pm Kickboxing (3-7)*
6.30 pm Kickboxing (8-12)*
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9 am Circuit Training
10-11 am BJJ (8-12)
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MOUNTRATH
Martial Arts & Fitness Academy



SPÓRT ÉIREANN
SPORT IRELAND

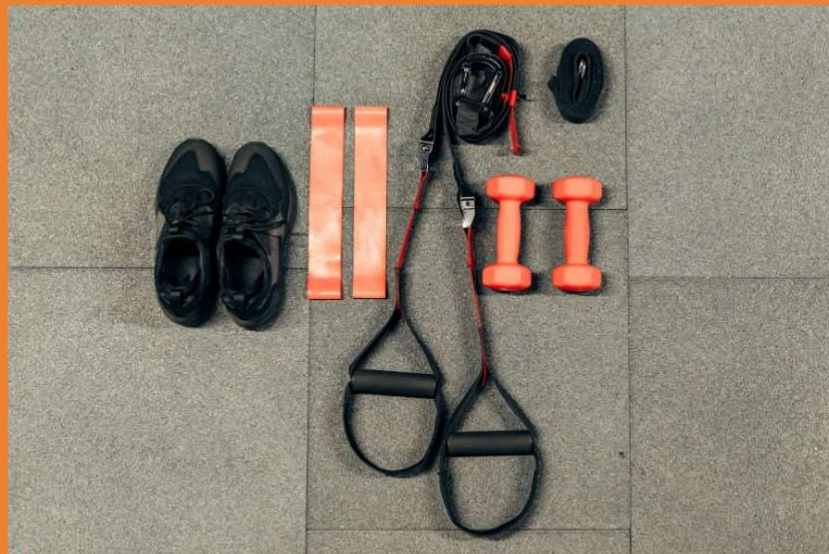


LAOIS SPORTS PARTNERSHIP
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accounts fund

Mature Movers



Strength
Flexibility **50 + gym classes**
Balance

a bit of Endurance
& Lots of Fun

6 weeks starting Wed 6th March

Mondays & Wednesdays 11 am

45 min classes in Mountrath

€60 for 6 Weeks

Contact Ruth 086 3262570





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

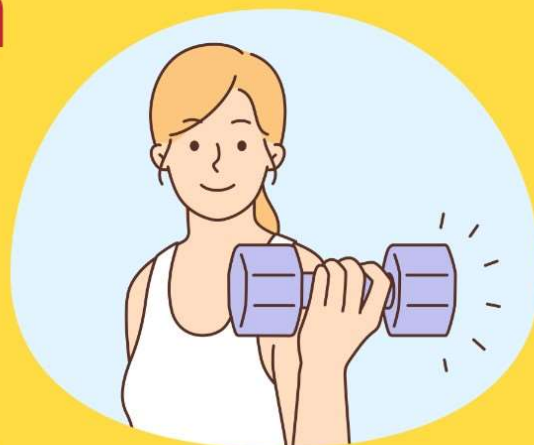
Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938

Saturday Morning Circuit Training



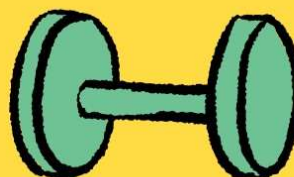
9-10 am



€ 7 PAYG

or

part of your monthly
membership



contact 086 3262 570

**The Old Convent,
Patrick St,
Mountrath, R32 DC58**



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays

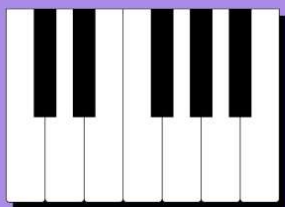


Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month
Adults €45 per month

€5 per class for under 18's
€7 per class for Adults
or included in Monthly Membership

Wednesdays
Kids 7-8 pm
Teens /Adults 8-9 pm

Saturdays
Kids 10- 11 am
Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497





1 - 2 person offices for rent in our Social Enterprise centre in Mountrath



Contact 0892722885 manager@bloomhq.ie

Arts & Craft Classes



Second block of

6 week program

starting 28th February

at the later time of

Wednesdays 6-7 pm



7-12 year olds

- *life drawing
- *painting
- *clay
- *print making
- *textile art

6 weeks € 30 only 12 places



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Piano Classes Available

Starting Sunday April 7th

BloomHQ Mountrath

Contact Heather

083 054 7772



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays



Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc



Mountrath Music Rooms



**Contact 089 272 2885
or 057 930 0036**

***Soundproof rooms**

***From € 15 per hour**

***Perfect for music lessons, counselling or grinds**

***free easy car park**

***Waiting space**

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



UNISLIM

Join Today!

Bloom Hq

Wednesdays 7-8pm

Class Talk 8pm

New members
always welcome!



9 stone
weight
loss



Mairead McCaul
Unislim Member

Join Unislim for €25
Pay €12 weekly fee thereafter
For more info visit unislim.com



unislim.com | 1800 603020

Arts & Craft Classes



Second block of
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starting 28th February

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7-12 year olds

6 weeks € 30
only 12 places

- *life drawing**
- *painting**
- *clay**
- *print making**
- *textile art**



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



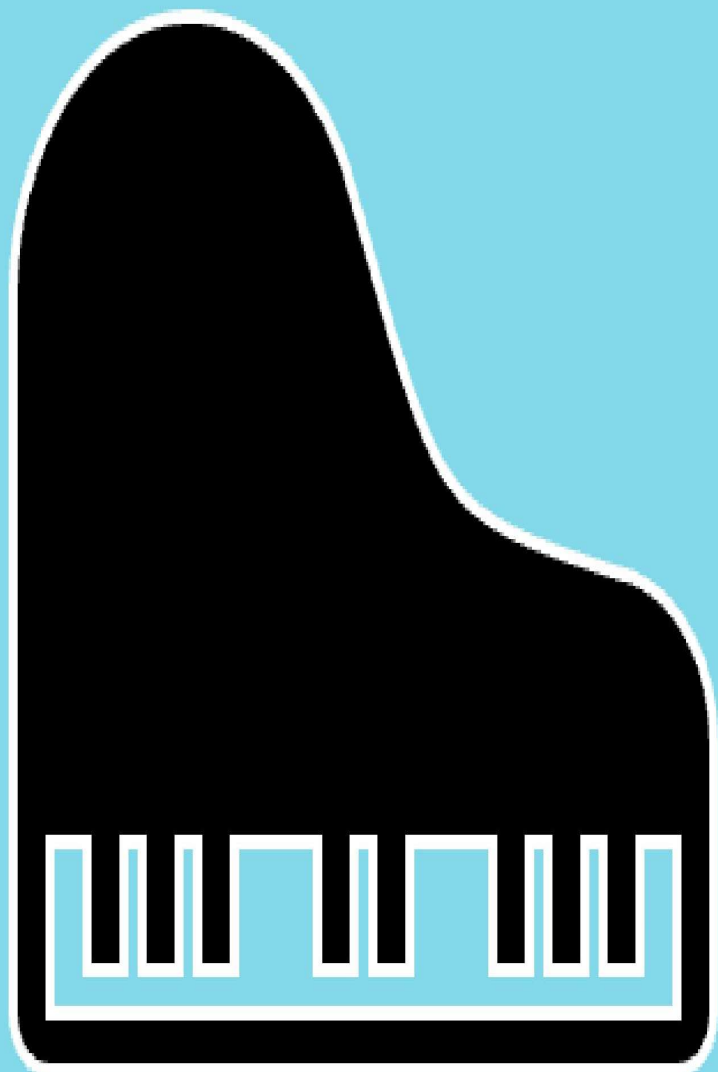
Piano Classes Available

Starting Sunday April 7th

Bloom HQ, Mountrath

Contact Heather,

0830547772



Arts & Craft Classes



**6 week program
starting 28th February**



Wednesdays 5-6 pm

7-12 year olds

***life drawing**

***painting**

***clay**

***print making**

***textile art**

**6 weeks € 30
only 12 places**



contact Rhiannon 089 211 5183

Book online at <https://mountrathgym.squarespace.com/memberships/kidsartcraft>

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895



Karate

Mondays & Thursdays 7 pm

€6 per class

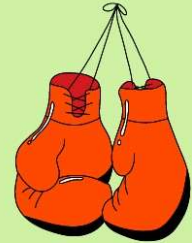
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.
€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,
€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings
20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher

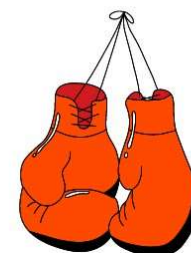


Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

Kickboxing

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years, €7
Shane: 086 339 9287



First trial class free

Brazilian

8-12 years,

Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu*

€ 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin



Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson

Irene: 089 981 8065

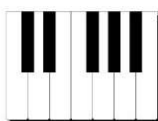


Trad Music

Saturdays from 11 am, 6+ years

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

Bowls All Inclusive 11am

Currently

Thursdays to accommodate the School musical

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570



Roadcraft Motorcycle Training

Mick Smith is teaching the new
RSA approved Motorcycle Initial Basic Training (IBT)
here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895

Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 +
Mondays & Wednesdays 11 am



Bowls inclusive 11 am Tuesdays
Bowls 8 pm Thursdays

Mountrath Men's Shed
Tuesdays 10 am- 1 pm
Thursdays 2 pm- 4 pm
contact 085 705 3855



Activator Poles Inclusive
Thursdays 11 am

contact Ruth 086 3262 570



“MY WORLD”



PHOTOGRAPHIC EXHIBITION

by Mountrath & District Camera Club

Opening 7pm Friday 2nd February
in the

Gallery of Divine Inspiration

Bloomhq, Mountrath

All Welcome

Photos will be on display for the month





**The Class of 1990
Restoration Project**

TABLE QUIZ

**ST. PHILOMENA'S HALL
MOUNTRATH**

**THURSDAY 2ND MAY @8PM
(DOORS OPEN 7PM)**

TABLE OF FOUR €40



TROPHIES AND CASH PRIZES TO BE WON !!

**MONSTER RAFFLE !!
PRIZES GALORE !!**



**Book Now on Eventbrite and
on 1990restproject@gmail.com**

VIOLIN LESSONS

by Irene Ramos

- Discover the joy of music and unlock your creativity
- Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults
- Studio based Mountrath

FULLY QUALIFIED SUZUKI TEACHER & ABRSM DIPLOMA IN MUSIC PERFORMANCE



FOR RATES AND/OR MORE
INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos.violinstudio@gmail.com

 Irene Ramos
VIOLIN STUDIO



Hot Desks in Mountrath

Need somewhere to work for a day with fast broadband?

Free parking, canteen onsite.

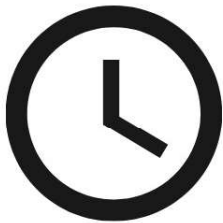
Desks from 10 euro per day

Book on <https://connectedhubs.ie>

Mountrath Men's Shed



**Old School on
Patrick Street**



**Tuesdays 10am - 1pm
Thursdays 2pm - 4pm**

Contact 0857053855



Mondays & Thursdays 7 - 8 pm



Juniors and Adults



Okinawan Karate



Black Belt Instructors

contact Sensei Donal, 5th dan
087 760 7063

Martial Arts Centre, Old
Convent, Mountrath,
R32 DC58



HIIT LUNCHTIME CLASS

High-Intensity Interval Training

Tuesdays & Thursdays

1.15 pm for 40 mins

5 euro a class

OR

part of your monthly
gym package

Book with Ruth 086 3262 570





Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years , €7
Shane: 086 339 9287



Brazilian Jiu-jitsu*

*starting 14th & 17th Feb
with free trial

8-12 years,
Wednesdays 7-8 pm &
Saturdays 10-11 am
€ 35 per month
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm , 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin

Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 min group classes
Eabha 083 8566083



to book talk to the relevant teacher

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Come join our free trial
Wednesday 14th &
Saturday 17th
February

8 yrs- 18 €35 per month
Adults €45 per month

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497



Brigidine Convent, Patrick St, Mountrath, R32 DC58



Bowls All Inclusive 11am Tuesdays

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570





Irish Traditional
MUSIC
LESSONS

**Whistle, Flute, Concertina, Accordion,
Fiddle, Banjo and Mandolin**



Clióna and Éabha
Dowling McDonald

More Information :
Contact 083
8566083



Music Classes in Mountrath

- **Lessons in BloomHQ**
- **Violin Lessons by
Irene Ramos
0773222323
iramos.violinstudio@
gmail.com**

*Contact the relevant
teacher to arrange
days/times/prices*

- **Irish Traditional
Music, Whistle, Flute,
Concertina,
Accordion, Fiddle,
Banjo and Mandolin
Cliona & Eabha
Dowling McDonald
083 8566083**



School of Music - Mountrath



Please use your recyclable blue token to
vote for us in the Tesco Community Fund.



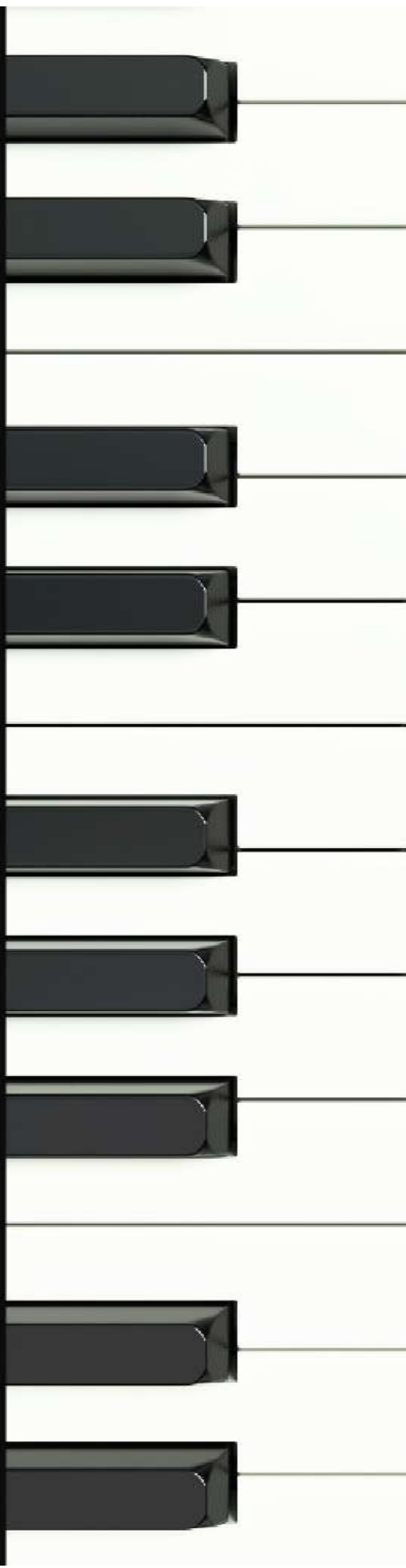
PIANO TEACHER WANTED



For our new Music Rooms
Contact Lucy 087 259 7895



The Old Convent,
Patrick St,
Mountrath,
R32 DC58



Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders !



Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life.

Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath
R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling



Date for the Diary

The Sacrament of Confirmation will be celebrated in

Mountrath / Ballyfin Parishes on **Fri. 26th April 2024**

The Ceremony in Ballyfin Parish Church will Commence

at 2.30 pm

Bishop Denis will lead us in both our celebrations

To care for those
who once cared for us
is one of the highest
honors in life.

– Tia Walker



Lessons
LEARNED
Life

Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms

help people aged 65 and over to live securely in

their homes with peace of mind. If you know a

family member, friend or neighbour in Ballyfin

or Laois area who may qualify please contact

Sheila on 086 1570145 for

information/application form.

Newsletter Items: - From around the Diocese

- **Mental Health Peer-Support:**

Cycle Against Suicide is offering the opportunity to avail of online training in Mental Health Peer-Support. The training provided transcends traditional boundaries, breaks down the stigma associated with mental health discussions. The benefits are profound and far-reaching. Trained Peer-Supporters are attuned to subtle shifts in their community's well-being. This heightened awareness fosters a culture of genuine care and concern. No funding is necessary to do the training. It is offered free to volunteers in a community club, association or who are associated with any part of their community's safety, health and wellbeing in a drive to encourage people to take on this vital role for their own community and help bring Peer-Support to the heart of communities as a critical part of mental health awareness and suicide prevention.

Course: Cycle Against Suicide Mental Health Peer Support (Buddy) Training

Details: www.cycleagainstsucide.com/register-to-become-community-buddy/

Delivery: Online via Zoom

Time: 7-10pm on 4 evenings over 2 weeks

Option 1: March: Tues 12th, Thurs 14th & Tues 19th, Thurs 21st

Option 2: April: Mon 8th, Wed 10th & Mon 15th, Wed 17th

Option 3: May: Mon 13th, Wed 15th & Mon 20th, Wed 22nd

To Register: training@cycleagainstsucide.com or online

at www.cycleagainstsucide.com/register-to-become-community-buddy/